



ADHD 360

MORE THAN YOUR DIAGNOSIS

Chrysalis patient user guide



Chrysalis



Patient User guide for the ADHD-360 online portal- Chrysalis

Welcome to the ADHD-360 Chrysalis user guide, aimed at helping you navigate through our online registration. **Please note that for legal reasons, once you have submitted your answers you are unable to amend them.**



1. On the ADHD-360 homepage, you will be able to locate the purple sign-up button in the top right corner.

2. By selecting this option you will be taken to the following page to insert the patient's sign up details and the option to input your NHS referral code, if you have been referred. Please ensure you input the patient's name and not your name if you are the guardian.

3. Once you have created your patient login, you will be asked to input more patient data, including GP details, and may also include questions about you if you are inputting for a child. Please complete these to the best of your knowledge using the intended patient details.

Required questionnaires

Dropbox

Screening documents

4. When you have inputted all relevant data, you will be taken to your homepage. The top left box shows the next tasks we need you to complete. The box on the top right is a Dropbox which allows you to put any further relevant documents that help us give you the best care. You will see screening documents found in the bottom left corner for you to download if you need them, e.g. for school or a partner. Before an appointment can be booked, your 'To do list' needs to be completed.

5. The medical questionnaire has 5 short pages for you to fill out. Please answer these as truthfully as possible and please state if you are unsure of an answer and we can follow this up in the clinical assessment. Again a reminder that after these questionnaires are filled out and submitted, you cannot change your answers.

6. The screening test again includes 5 short sets of questions. You should answer each question honestly, as to how relevant you believe it applies to you. This, along with all other completed documents, will be sent for a clinician to review to help you take the next step of your assessment.



Chrysalis

Patient Consent

- I understand that upon signing this document I have received and read ADHD 360's terms and conditions provided to me and I agree with the following:
1. I understand that ADHD 360 will take all necessary steps to protect my privacy and information.
 2. I understand that ADHD 360 may need to review, use and disclose information about me, my medical/psychiatric diagnosis and treatment to other professionals or care providers.
 3. I give permission for ADHD 360 to share information with my GP, the NHS and/or other Specialists, as required.
 4. To the best of my knowledge, my physical and mental health history and status, has been accurately and fully disclosed to ADHD 360.
 5. It is my responsibility to inform ADHD 360 of any changes in my medical status, psychiatric/mental health status and social status.
 6. I understand that ADHD 360 will perform a full assessment and may request other investigations, as required.
 7. I agree to the treatment plan and will follow the recommended treatment plan, as discussed with ADHD 360. I am aware that this may carry a risk of side-effects, withdrawal symptoms and possibly other complications, if I do not comply with, or adhere to, my instructions and/or if I exceed the recommended prescribed dosage of medication.
 8. I understand that it is at my discretion to stop treatment or investigations, however, if I decide to do so, I understand that this may carry serious risk of side effects, withdrawal symptoms and/or other complications, for which I am solely and fully responsible.
 9. I understand that if I breach the details of this consent form or withdraw myself from service I remain fully liable for any payments due to ADHD 360.
 10. I understand that if I decide to withdraw from my treatment plan I will be under contract to pay the due fees to ADHD 360 as negotiated and decided at the time of diagnosis.
 11. I understand that ADHD 360 is offering an Outpatient Consultation Service only. ADHD 360 is unable to treat patients in crisis, emergency or high-risk situations within, or outside working hours. If my mental health condition deteriorates, and I believe I am in an emergency or crisis situation, e.g. having suicidal thoughts, considering harm to myself, others, or to property, or if I am at risk from others, I will inform my responsible person and contact the local NHS Crisis Team, go to the nearest A&E, or call on Ambulance or Police on 999 or 111 for immediate support.

I CONSENT
Submit

7. Once you have completed all the required questionnaires, you will be automatically transferred to our terms and conditions page. Please read this carefully and click the 'I consent' box, followed by 'Submit', once you are happy to proceed. Please note that any answers CANNOT be amended after this point. Once you have submitted your consent, you will then be asked to pay a £170 deposit to secure your appointment.

Thanks

Please write on each rung of the ladder what it is that you would want to see improvement in, e.g. completing work tasks more efficiently, socialising better without losing your temper, not interrupting conversations, please be very honest so we know what it is that we are going to help you with.

GOAL 1:

GOAL 2:

GOAL 3:

Are you currently regularly using any substances such as cannabis, cocaine or habitually (prejudging over the counter medication)?

YES NO



Submit

8. One of the final steps before you choose your appointment time so that one of our clinicians can assess you, is for you to produce three goals you wish to achieve by us helping you. These can be linked directly with your symptoms, or a life goal you have struggled to achieve because of your symptoms. We will use these goals to assess your progress with us.

We just need to find out some more information about your substance use.

• **Substance Use**

REQUIRED

9. We may ask you to fill out another form based on previous answers, so we are able to help you more effectively. This will predominantly come in the form of a substance use questionnaire. Again please continue to be honest so we can help you better.

Appointments Available

- London
- Manchester (Prestwich)
- Manchester (Wilmslow)
- Sheffield
- Lincoln
- Leicester
- Leeds
- Newcastle
- Norwich

Available Appointments In London

PLACE	TIME	CLINICIAN	BOOK APPOINTMENT

10. Once all the tasks have been completed, you will be able to select an appointment that suits you best. Down the left-hand side you can select which area is most convenient for you to attend by clicking on it. This appointment is used for one of our clinicians to get to assess you, after already going through your previously submitted documents. This may lead to a diagnosis.

Appointments Available

- London
- Manchester (Prestwich)
- Manchester (Wilmslow)
- Sheffield
- Lincoln**
- Leicester
- Leeds
- Newcastle
- Norwich

Available Appointments In Lincoln

PLACE	TIME	CLINICIAN	BOOK APPOINTMENT
Lincoln	May 11, 2020 03:00PM- 04:30PM	Lisa Mangle	book it
Lincoln	May 12, 2020 09:00AM- 10:30AM	Lisa Mangle	book it
Lincoln	May 12, 2020 11:00AM- 12:30PM	Lisa Mangle	book it
Lincoln	May 12, 2020 01:00PM- 02:30PM	Lisa Mangle	book it
Lincoln	May 20, 2020 06:00AM- 07:30AM	Jen Lewis-Neill	book it

11. Once you have selected your area, you will then be given a selection of times and dates for your appointment with one of our clinicians. Don't worry about which clinician, they're all fabulous. Once you have worked out which date and time will suit you best, select the 'book it' button to the right-hand side of the appointment.

Your Appointment Is Booked!

PLACE	TIME	CLINICIAN
Lincoln	May 20, 2020 06:00AM- 07:30AM	Jen Lewis-Neill

ID

We will need some form of proof of identity when we see you in clinic, preferably a driving licence or passport, and a utility bill in your name at your current address. (If this is an issue please discuss this in advance). For children this maybe their passport or birth certificate.

If you are attending the clinic alone and feel you would like a chaperone, please contact us immediately. Please feel free to bring a family member, partner or friend. We may be able to work with ADHD charities to find someone to assist you, but we need to recognise this will not be at our expense.

12. Congratulations, you have completed your first steps on your journey, helping us to help you. You will shortly receive a confirmation email to the email address you provided. Please make a note of the date, location and time of your appointment and we look forward to seeing you soon.